

A Celebration of Inclusion & Diversity in Active Ageing



First Announcement

13 - 17 August 2012

www.wcaa2012.com

Glasgow Caledonian University and the British Heart Foundation National Centre for Physical Activity and Health are proud to announce that the 8th World Congress on Active Ageing will be held in Glasgow, Scotland, in August 2012.

Our Local Organising and Scientific Programme committees are already planning and working with our key partner agencies on an exciting and stimulating congress programme. Key one day congress themes will focus on active ageing in the prevention and self management of the conditions associated with old age.

- Cognitive functioning and dementia
- Neurological and musculoskeletal conditions
- Falls, fractures and bone health
- Cardiovascular and respiratory conditions

These themes will be complimented by a series of conference strands which will include:

- The impact of the built and natural environment and technology upon physical activity participation
- Training and instruction in exercise leadership and safe and effective programming
- Motivation to take up and adhere to physical activity and exercise
- Measurement of physical activity and exercise outcomes
- Active Ageing and health promotion

If you have an exciting idea for a Congress symposium, particularly relating to these themes, strands and the mental health, well-being, quality of life and needs of the frailest, oldest old, please contact us now at: programme@wcaa2012.com.





Scientific Abstracts

The Congress Scientific Committee will be pleased to accept abstract submissions on all topics relating to research, policy and practice in Active Ageing. This includes, but is not limited to the main Congress themes and strands outlined, including clinical and exercise sciences, best practice in care delivery, inclusion and diversity, health promotion and active ageing. Abstracts accepted for Congress will be published in the *Journal of Ageing and Physical Activity*.

The Active Ageing “Experience Zone”

Delegates will have the opportunity to visit the Active Ageing “Experience Zone” including physical activity demonstration and performance areas, information exchange village and Congress meeting and networking space.

Key Congress Dates for your Diary

- Programme announcement April 2011
- Call for Congress abstracts August 2011
- Deadline for abstract submission January 2012
- Congress early bird registration deadline April 2012

Congress Location

Glasgow is one of the UK’s most vibrant and cosmopolitan cities - a friendly place to visit where the people are proud of their heritage and delight in making visitors welcome to their wonderful city. The Congress Venue, the Scottish Exhibition and Conference Centre, is one of Europe’s largest and most modern, self contained conference and exhibition venues. Located on the banks of the River Clyde, it is a few minutes from the city centre.



Industry and Exhibitions

There will be the opportunity for industry to participate in the Congress both in the exhibition and through sponsorship.

Further Information

For further information on the Congress, please visit the website at: www.wcaa2012.com and sign up to our mailing list to receive email and hard copy updates on the Congress.

For further information on Glasgow and Scotland, please visit the following websites:

www.seeglasgow.com, www.visitscotland.com and www.travelscotland.co.uk

Secretariat Details

WCAA 2012, Congrex UK, 4B 50 Speirs Wharf, Port Dundas, Glasgow G4 9TH, Scotland, UK

Tel: +44 (0)141 331 0123 ● Fax: +44 (0)141 331 0234

Email: info@wcaa2012.com

